

A course in Systemic Ritual - Online and partly in-person

Deepen your systemic practice through Systemic Ritual,
embodiment and ancestral wisdom.

BY SUSANNE HAZEN

CONTENT

Introduction

Meet your trainer

What is Systemic Ritual?

What makes this training unique?

For whom is this course?

Course structure

The online modules

Basic Module – The Foundations of Systemic Ritual

Module - The Wheel of the Four Directions

Module – Family Themes and Ancestors

Module – Strengthening the Soul

The in-person intensives

In-Person Intensive 1

In-Person Intensive 2

How the Online Workshops Work

Course Materials

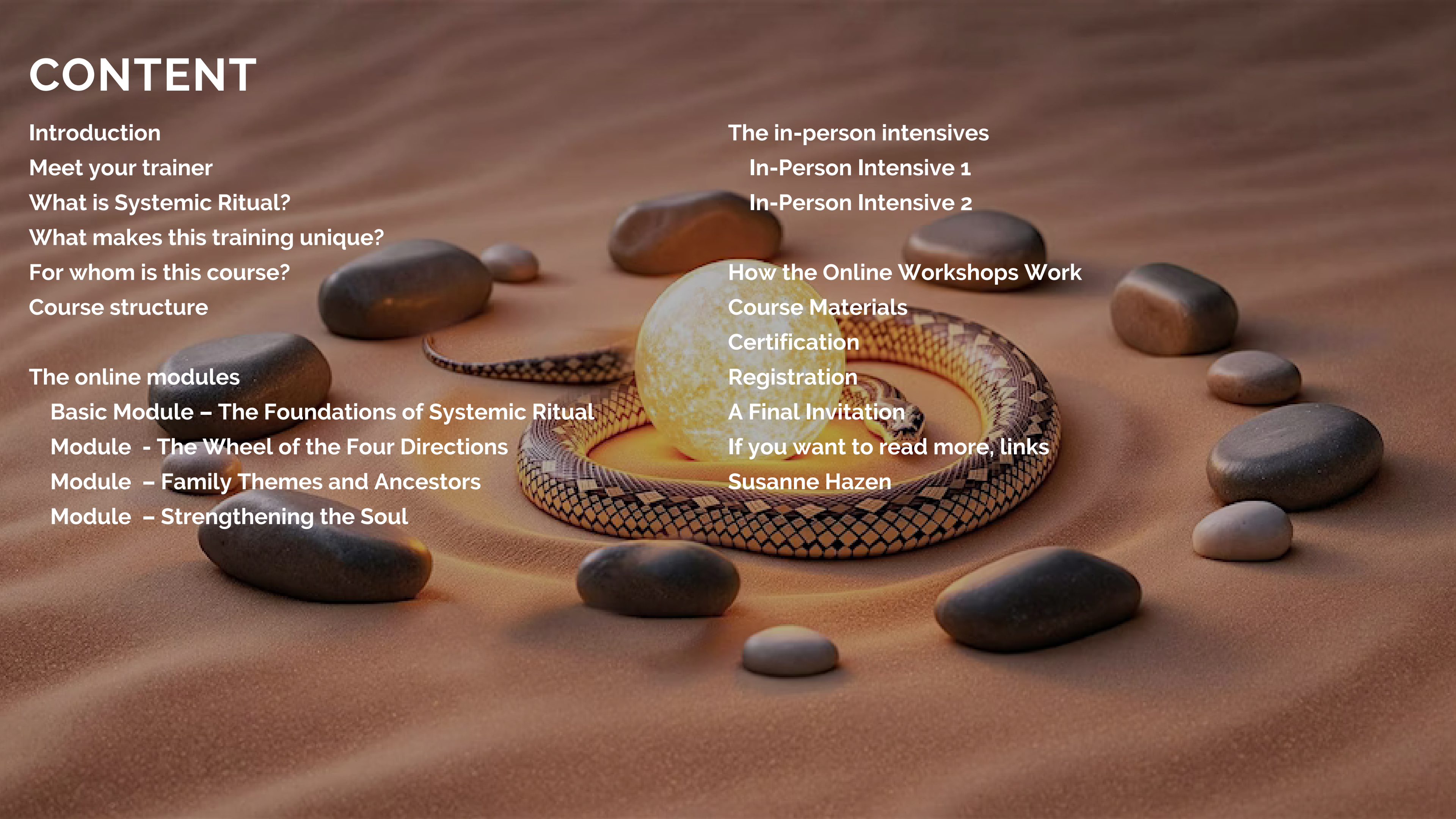
Certification

Registration

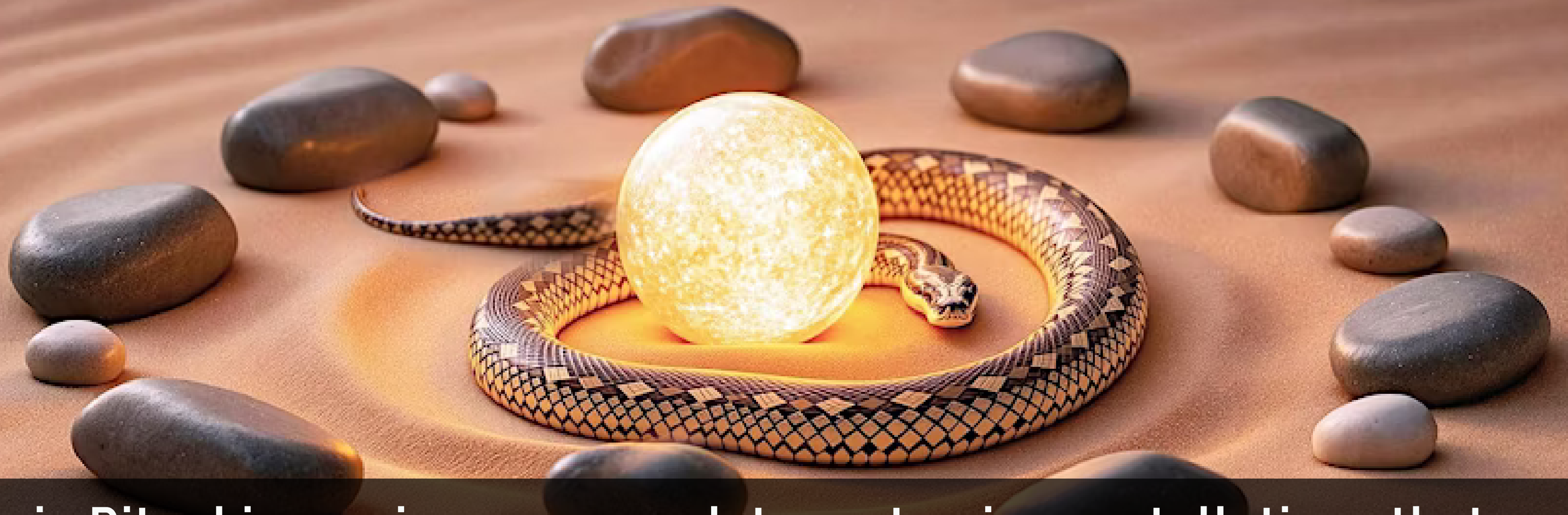
A Final Invitation

If you want to read more, links

Susanne Hazen



INTRODUCTION



Systemic Ritual is a unique approach to systemic constellations that integrates the wisdom of systemic constellations with Ritual, ancestral resources, embodiment and insights from shamanic traditions.

About This Training

This professional training is designed for constellation facilitators, coaches, counsellors and therapists who wish to deepen their systemic work and expand their professional toolkit.

Rather than focusing solely on understanding a client's challenge, Systemic Ritual explores what supports healing and resilience. Its primary focus is on reconnecting people with the inner and outer resources that support healing and meaningful change.

Throughout the course, you will learn practical methods that can immediately be integrated into your own work. Every concept is explored through direct experience, movement, Ritual and supervised practice.

As a result, you will not only understand the principles intellectually but also embody them in your presence as a facilitator.

MEET YOUR TRAINER



Susanne Hazen is a psychologist, systemic facilitator, and author of the Dutch handbook *Leerboek Familieopstellingen*, with more than twenty years of experience teaching family constellations and Systemic Ritual.

She trained extensively with Daan van Kampenhout and has further deepened her work through Ancestral Connections® with Tanja Meyburgh and Sian Palmer.

Her teaching combines psychological knowledge, systemic wisdom, embodiment and ritual in a grounded and accessible way.

WHAT IS SYSTEMIC RITUAL?

Systemic Ritual was developed by Daan van Kampenhout as an integration of systemic constellation work and ritual practices inspired by various shamanic traditions.

Like family constellations, a Systemic Ritual begins with a client's question or life challenge.

However, while family constellations often focus on revealing hidden dynamics within a system, Systemic Ritual also asks another important question:

What or who can support this person in taking the next step?

Systemic Ritual (continued)

Systemic Ritual therefore focuses on connecting clients with supportive resources that strengthen their capacity to meet life's challenges.

These resources may take many forms. Depending on the intention of the Ritual, they can include supportive ancestors, healers, power animals, natural forces, or symbolic qualities represented within the ritual space.

Each Ritual honours not only the individual but also the wider family, community and cultural systems to which they belong.

The Wheel of the Four Directions

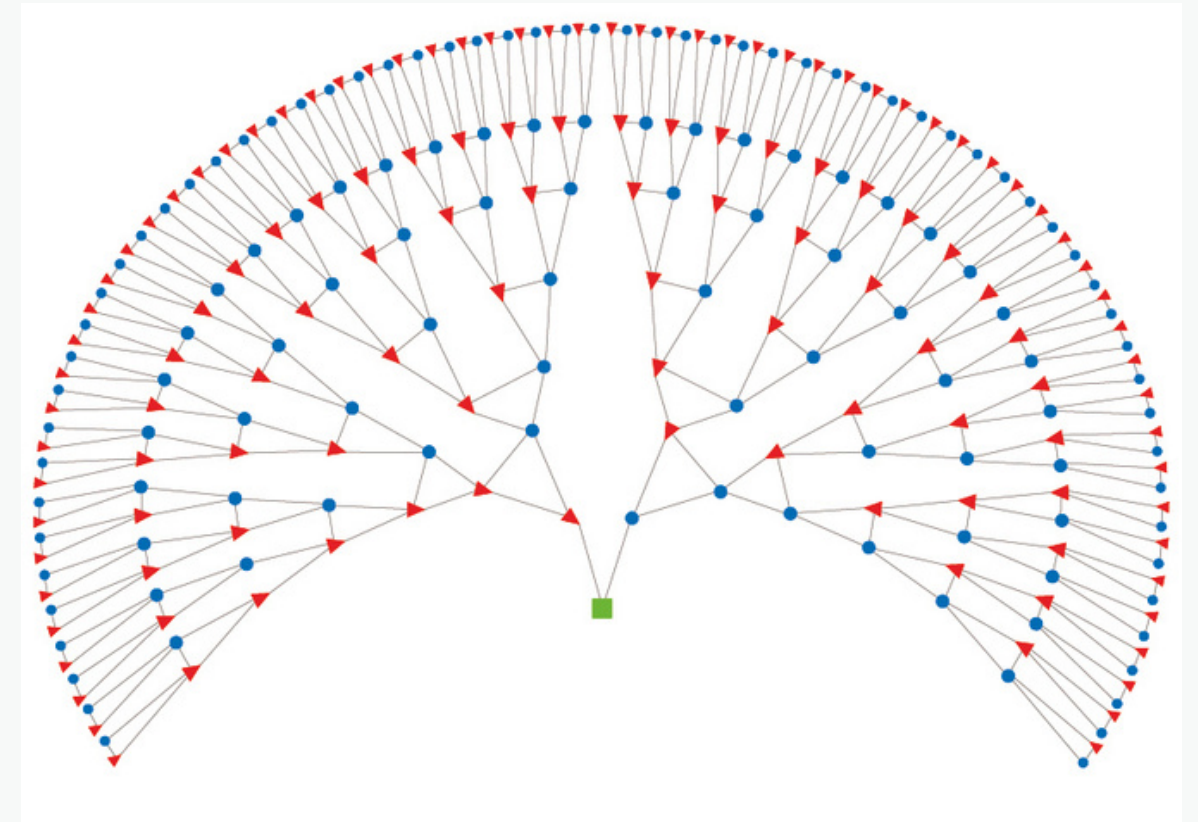
One of the central frameworks within Systemic Ritual is the Wheel of the Four Directions. This ancient model offers a practical map for understanding personal development, life cycles and inner balance. Throughout the training, you will learn how to work with the Wheel as one of the fundamental ground plans for facilitating rituals.

WHAT MAKES THIS TRAINING UNIQUE?

This programme offers much more than learning new techniques. It is an invitation to develop yourself as a facilitator.

As you progress through the course, you will cultivate the presence, sensitivity and confidence needed to facilitate rituals safely and respectfully.

Alongside systemic principles, you will explore themes such as ancestral resources, multiple soul concepts, embodiment, and Ritual.



THE PROGRAMME COMBINES:

- Systemic constellation work
- Ritual
- Embodied learning
- Perspectives from shamanic traditions
- The Wheel of the Four Directions
- Working with supportive ancestors and other resources
- Soul-oriented perspectives from different wisdom traditions
- Supervised practice with real clients

The result is a method that is both deeply grounded and profoundly transformative - for yourself as well as for the people you work with.

FOR WHOM IS THIS COURSE?

This training is intended for professionals who already have experience in systemic work, coaching, counselling or therapeutic practice and who wish to deepen their facilitation skills through Systemic Ritual.

Basic knowledge of family constellations is recommended.

For Dutch participants, the Leerboek Familieopstellingen by Susanne Hazen provides an excellent introduction to the foundations of systemic constellation work.

COURSE STRUCTURE

The complete training consists of:

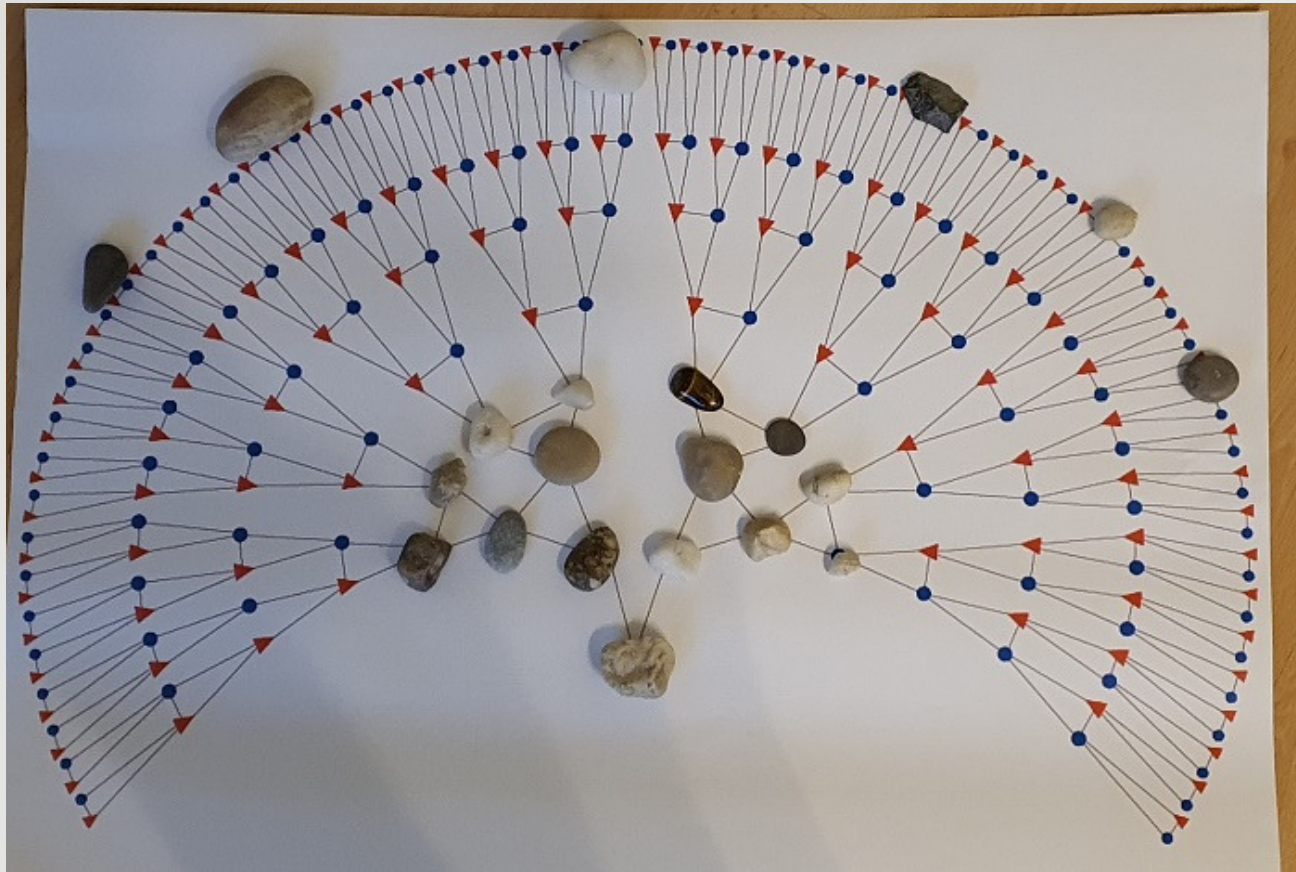
- **Four online modules**
- **Two four-day in-person intensives in Amsterdam**

The first online module provides the foundation for the entire programme and is therefore required before joining the other modules. After completing Module 1, the remaining modules may be followed individually and in the order that best suits your own learning path.

Participants who complete all four online modules together with both in-person intensives receive a certificate of completion.

Each module combines theory, experiential learning, ritual practice and opportunities to integrate what you learn into your own professional work.

THE ONLINE MODULES



Each online module combines theory, experiential learning and supervised practice. The workshops are fully interactive and take place via Zoom. Throughout the programme, you will participate in rituals, work in small groups and practise facilitating Systemic Rituals with fellow participants.

Module 1 is the foundation of the training and is required before joining the other modules. After completing this module, you may continue with the remaining modules in the order that best suits your interests and professional development.

BASIC MODULE – THE FOUNDATIONS OF SYSTEMIC RITUAL - 4 ONLINE WORKSHOPS (2.5 HOURS EACH)

This module introduces the essential principles of Systemic Ritual and provides the foundation for the entire training programme.

You will discover how Systemic Ritual differs from traditional family constellations and learn how rituals can strengthen a client's connection with supportive resources.

During this module you will explore:

- the principles and philosophy of Systemic Ritual**
- working with supportive resources**
- creating and using different ground plans**
- the role of ritual, prayer and intention**
- facilitating simple Systemic Rituals in a safe and respectful way**

By the end of this module you will understand the core structure of a Systemic Ritual and be able to integrate its basic principles into your own professional practice.

MODULE – THE WHEEL OF THE FOUR DIRECTIONS - 5 ONLINE WORKSHOPS (2.5 HOURS EACH)

The Wheel of the Four Directions is one of the central frameworks within Systemic Ritual. Found in many indigenous traditions throughout the world, the Wheel offers a powerful map for understanding personal development, balance and life's natural cycles.

Each direction represents unique qualities that complement one another. Working with the Wheel enables facilitators and clients to recognise strengths, discover missing qualities and restore balance.

During this module you will learn to:

- understand the qualities of the four directions
- work with the Wheel as a ground plan for Systemic Ritual
- apply the Wheel to personal and professional themes
- work with power animals within the ritual context

This module deepens both your understanding of the Wheel and your confidence in applying it in your own practice.

MODULE – FAMILY THEMES AND ANCESTORS - 8 ONLINE WORKSHOPS (2.5 HOURS EACH)

Our ancestors continue to influence our lives in visible and invisible ways. Within Systemic Ritual, we not only work with our biological ancestors but also with the broader understanding of ancestry found in many indigenous traditions.

This module explores how supportive ancestral resources can contribute to healing and resilience, while remaining deeply respectful of family systems and cultural context.

You will learn to:

- work with family themes using Systemic Ritual**
- recognise systemic patterns and entanglements**
- facilitate rituals with the ancestral field**
- distinguish between personal, family and collective dynamics**
- connect clients with supportive ancestral resources**

Throughout the module, you will deepen your understanding of how ancestral relationships can become a source of strength rather than limitation.

MODULE – STRENGTHENING THE SOUL - 8 ONLINE WORKSHOPS (2.5 HOURS EACH)

Many spiritual traditions describe human beings as more than a physical body alone. This module explores several soul-oriented perspectives that have influenced the development of Systemic Ritual.

You will work with concepts from shamanic traditions, anthroposophy and other wisdom traditions, always translating them into practical applications within Systemic Ritual.

Topics include:

- the different subtle bodies and their qualities**
- the concept of multiple souls**
- the family, collective, individual and universal soul**
- soul loss and soul retrieval**
- strengthening vitality, presence and inner wholeness through ritual**

Throughout the module we approach these perspectives with both respect and practical curiosity, exploring how they can enrich systemic work and support clients in reconnecting with their life force.

THE IN-PERSON INTENSIVES

The two in-person intensives are where learning truly comes alive.

Over four immersive days in each intensive, you will deepen the knowledge and skills developed during the online modules through intensive practice, reflection and supervision.

Working together in a supportive learning community allows you to embody the principles of Systemic Ritual and develop confidence in your own facilitation.

"The deepest transformations happen not only when we meet our pain, but also when we reconnect with joy, beauty, creativity, music, movement and dance. When we feel supported by our ancestors, by one another and by life itself. When we remember that we belong to something greater than ourselves."

Each intensive combines experiential exercises, demonstrations, supervision and opportunities to facilitate rituals yourself.

During the afternoons, external clients join the programme. Under the guidance of Susanne Hazen, you will facilitate Systemic Rituals, receive individual feedback and further refine your skills in a real practice setting.

Alongside Systemic Ritual, the intensives also introduce elements of Ancestral Connections®, developed by Tanja Meyburgh and Sian Palmer. This approach complements Systemic Ritual by emphasising embodiment, movement and our relationship with supportive ancestors as sources of wisdom, resilience and belonging.

The combination of online learning and intensive in-person practice creates a rich and integrated learning experience in which knowledge, intuition and embodied presence naturally come together.

IN-PERSON INTENSIVE 1

THE FOUNDATIONS OF SYSTEMIC RITUAL, FAMILY THEMES AND ANCESTORS

FOUR DAYS – AMSTERDAM

PREREQUISITES:

- MODULE 1 – THE FOUNDATIONS OF SYSTEMIC RITUAL
- MODULE – FAMILY THEMES AND ANCESTORS

During these four days, you will deepen your practical skills in facilitating rituals related to family systems, ancestral resources and common systemic themes.



IN-PERSON INTENSIVE 2

STRENGTHENING THE SOUL AND SOUL RETRIEVAL

FOUR DAYS – AMSTERDAM

PREREQUISITE:

- **MODULE 1 – THE FOUNDATIONS
OF SYSTEMIC RITUAL**
- **MODULE – STRENGTHENING
THE SOUL**

This intensive focuses on working with soul-oriented perspectives within Systemic Ritual.

Through extensive practice and supervision, you will deepen your understanding of the different soul concepts and learn how to integrate them into your own professional work in a respectful and grounded way.

HOW THE ONLINE WORKSHOPS WORK

The online workshops take place via Zoom and are fully interactive.

This is not a series of passive webinars.

Every session combines theory with direct experience, allowing you to practice what you learn immediately.

During the workshops you will:

- **participate in rituals and experiential exercises**
- **practise in pairs and small groups**
- **facilitate rituals for one another**
- **receive feedback and supervision**
- **reflect on your experiences with the group**

Because the emphasis is on learning through experience, active participation in the online sessions is strongly recommended.

COURSE MATERIALS

As a participant, you will receive:

- a comprehensive syllabus containing the theoretical background of each module
- access for one year to an online library with descriptions of all rituals taught during the course
- recordings of all online workshops, allowing you to revisit the material at your own pace

The recordings are available exclusively to course participants.

CERTIFICATION

Participants who complete all four online modules together with both in-person intensives will receive a certificate of completion.



REGISTRATION

You are welcome to register for the complete training programme or, after completing module 1, for individual modules that match your interests and professional development.

For current dates, course fees and registration, please use the links below.

After you register, you will receive confirmation, an invoice, and practical information within one week.

If you do not receive a reply, please check your spam folder.

 [Module 1 – The Foundations of Systemic Ritual](#)

 [Module The Wheel of the Four Directions](#)

 [Module – Family Themes and Ancestors](#)

 [Module – Strengthening the Soul](#)

 [In-Person Intensive 1](#)

 [In-Person Intensive 2](#)

A FINAL INVITATION

Systemic Ritual is more than a method. It is a way of meeting ourselves and others with openness, respect and trust in the healing potential of supportive relationships—within our families, our communities and the wider field of life.



If you feel called to deepen your systemic practice, expand your professional skills and explore new ways of working with ritual, embodiment and ancestral wisdom, I warmly invite you to join this journey.

I look forward to welcoming you.

SUSANNE HAZEN



Throughout my professional life, I have been searching for ways to help people reconnect with the deeper sources of strength that allow healing, growth and transformation to unfold.

I find that the deepest transformations happen not only when we meet our pain, but also when we reconnect with joy, beauty, creativity, music, movement and dance.

When we feel supported by our ancestors, by one another and by life itself.

When we remember that we belong to something greater than ourselves.

In systemic work, we have spent a long time listening to the tears of our ancestors.

But our ancestors left us far more than their suffering.

They also gave us their songs.

Their dances.

Their laughter.

Their craftsmanship.

Their courage.

Their love.

Their remarkable capacity to embrace life, even in the midst of hardship.

That, too, is our inheritance.

That, too, deserves to be remembered.

